

PSHE – curriculum statements 3 I's

At St James' Church of England Primary Academy, we strive to prepare all our children to successfully aspire to a wealth of opportunities with curiosity and resilience embedded in all they do.

Intent

PSHE is an important and valuable part of children's education. PSHE will teach them how to become good people and how to deal with everyday life. PSHE at St James is a tailored curriculum catered to meet the needs of our pupils. It is key that at St James our PSHE curriculum is broad and focuses on developing the children's character skills, understanding of health and prepare them for adult life. It is important that PSHE is taught weekly and there is evidence of this learning and understanding.

Our curriculum gives the children access to big ideas and conversations with the aim to promote children's knowledge, self-esteem and understanding.

Character skills that children can develop through our PSHE curriculum are as follows:

- Self-regulation
- Communication
- Risk-taking
- Decision making

Children can learn about health (physical and mental)

- Diet
- Exercise
- Emotions
- Relationships

Implementation

PSHE is taught in years 1 -6. Reception cover aspects of PSHE across their provision but this is not an expectation. Every class has been given a floor book to evidence their PSHE learning and understanding. PSHE should be taught as a subject once a week. Any member of staff can be teach PSHE and this does not have to be the class teacher. It is important for all children in the classroom to differentiate PSHE as a subject as it can cross over in other subjects such as science, RE, computing etc.

The PSHE curriculum has also been developed to meet the specific needs of our diverse learners and their communities, and support the many aspects of their personal development. PSHE should be taught to meet the needs of SEN and PP children. Our PSHE curriculum is fixed to help to support teachers to become more confident with teaching PSHE and continue to develop strategies to make lessons as engaging as possible.

British Values should be evidenced in the floor book and linked to the PSHE topics across the year. Our PSHE curriculum is supported by resources from twinkl and RSE follows the national curriculum.

Impact

- Children can develop knowledge and understanding of rights and the meaning of democracy within their everyday life.

- To develop understanding of the diverse and complex world that we live in and the strategies we can use to overcome any difficulties.
- To develop the skills to self-regulate and understand their own and others emotions.
- Have a good understanding of their own health and wellbeing and what we can do to improve this.

These are all key life skills that can be used in their life post St James' to enable them to become knowledgeable, kind and considerate individuals. The skills learnt in PSHE can also be transferrable to other areas of the curriculum.