



St. James' Church of England Primary Academy

PE OVERVIEW

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	Body management 1	Body management 2	Dance 1	Gymnastics 1	OAA	Co-operate & Solve problems 2
		Manipulation & Co-ordination 1	Manipulation & Co-ordination 2	Speed, Agility & travel 1	Co-operate & Solve problems 1	Speed, Agility & travel 2
Year 1	Gymnastics 1	Gymnastics 2	Dance	Yoga	Run, Jump & Throw 1	Hit, Catch & Run 2
	Attack, Defend & Shoot 1	Send & Return 1	Send & Return 2	Attack, Defend & Shoot 2	Hit, Catch & Run 1	Run, Jump & Throw 2
Year 2	Gymnastics 1	Dance	Yoga	OAA	Run, Jump & Throw 1	Hit, Catch & Run 2
	Attack, Defend & Shoot 1	Send & Return 1	Send & Return 2	Attack, Defend & Shoot 2	Hit, Catch & Run 1	Run, Jump & Throw 2
Year 3	Dance	Handball	Badminton	Hockey	Yoga	Rounders
	Estuary	Netball	Tag Rugby	Football	Cricket	Athletics
Year 4	Dance	Yoga	Badminton	Handball	Hockey	Rounders
	Basketball	Netball	Tag Rugby	Football	Cricket	Athletics
Year 5	Dance	Handball	Badminton	Yoga	Hockey	Rounders
	Basketball	Netball	Tag Rugby	Football	Cricket	Athletics
Year 6	Yoga	Swimming	Badminton	Hockey	Handball	Rounders
	Basketball	Netball	Tag Rugby	Football	Cricket	Athletics

