# St. James' Church of England Primary Academy

## PE OVERVIEW

| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
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| **Year R** | Body Management 1 | Co-operate and Solve Problems 1<br>Manipulation and Co-ordination 1 | Dance 1<br>Speed, Agility and Travel 1 | Body Management 2<br>Manipulation and Co-ordination 2 | Gymnastics 1<br>Co-operate and Solve Problems 2 | Co-operate and Solve Problems 2<br>Speed, Agility and Travel 2 |
| **Year 1** | Gymnastics 1<br>Attack, Defend and Shoot 1 | Dance 1<br>Send and Return 1 | Gymnastics 2<br>Attack, Defend and Shoot 2 | OAA<br>Send and Return 2 | Run, Jump and Throw 1<br>Hit, Catch and Run 1 | Hit, Catch and Run 2<br>Run, Jump and Throw 2 |
| **Year 2** | Gymnastics 1<br>Attack, Defend and Shoot 1 | Dance 1<br>Send and Return 1 | Gymnastics 2<br>Attack, Defend and Shoot 2 | OAA<br>Send and Return 2 | Run, Jump and Throw 1<br>Hit, Catch and Run 1 | Hit, Catch and Run 2<br>Run, Jump and Throw 2 |
| **Year 3** | Gymnastics 1<br>Basketball | Volleyball<br>Tag Rugby | Handball<br>Football | Hockey<br>Netball | Dodgeball<br>Cricket | Rounders<br>Athletics |
| **Year 4** | Gymnastics 1<br>Basketball | Volleyball<br>Tag Rugby | Handball<br>Football | Hockey<br>Netball | Dodgeball<br>Cricket | Rounders<br>Athletics |
| **Year 5** | Gymnastics 1<br>Basketball | Volleyball<br>Tag Rugby | Handball<br>Football | Hockey<br>Netball | Dodgeball<br>Cricket | Rounders<br>Athletics |
| **Year 6** | Gymnastics 1<br>Basketball | Volleyball<br>Tag Rugby | Handball<br>Football | Hockey<br>Netball | Dodgeball<br>Cricket | Rounders<br>Athletics |